

Green Salad



Ingredients:

Bunches of kale, spinach, chard, etc
Grated Parmesan
Pine Nuts
Herbs (mint, basil, cilantro)
lemon zest or Caesar Dressing



Directions:

1. Chiffonade the kale and combine with slightly toasted pine nuts, chopped herbs, and grated parmesan cheese.
2. Top with lemon zest and either Caesar dressing or lemon juice and olive oil as desired.

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